



Nepal Swimming Association

NSA TECHNICAL COMMITTEE'S REPORT 2025

Nepal Swimming Association

Technical Committee's Summarized Report For the period April, 2024 to October, 2025

Committees' Executive Members served for the period:

1. Rajesh Bajracharya – Chair
2. Bijen Man Shrestha – Senior Member
3. Bishnu Khadka Cheetri -Member
4. Anish Maharjan – Member

General Member and Officials served for the period:

1. Damodar Aryal
2. Deepak Sagar Singh Maharjan
3. Yogendra Man Shrestha
4. Baikunth Pradhan
5. Bajra Bahadur Tamang
6. Raju Maharjan

Competition/Activities During the Period

July-August 2024	Paris Olympic 2024
September 2024	12 th NSA Cup Swimming Championship, 2024
May 2025	1 st Koshi Province Swimming Competition, 2025 (baishak 28 29)
June 2025	2 nd Nepal Aquatics L.C. Championship, 2025
July 2025	Inter School Age Group Swimming Championship, 2025
July-August 2025	World Aquatics Championship, Singapore 2025
August 2025	World Aquatics Junior Swimming Championship, Otopeni, 2025
September-October 2025	11 th Asian Aquatics Championship, 2025, Ahmedabad, India, 2025
October 2025	2 nd Nepalgunj National Age Group Swimming Championship, 2025
October 2025	3 rd Youth Asian Games, Bahrain, 2025



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Paris Olympic 2024

Date: 26th July to 11th August, 2024

Venue/Location: Paris, France

Nepalese Swimming Team Participants

Athletes: 1. Alexander Gadegaard Shah (Male)

2. Duana Lama (Female)

Coach: Ms. Nayana Shakya

Events Participated and Results

Alexander Gadegaard Shah

Men 100m Freestyle

Timing: 00:51.91 (Min:sec)

World Aquatics SW Points: 735

Duana Lama

Women 200m Freestyle

Timing: 2:20.74 (Min:sec)

World Aquatics SW Points: 515



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World Aquatics Championship, Singapore 2025

Date: 11th July to 3rd August, 2025

Venue/Location: Singapore

Nepalese Swimming Team Participants

- Athletes:**
1. Ervin Shrestha (Male)
 2. Ajal Kaji Tamrakar (Male)
 3. Arya Maharjan (Female)
 4. Duana Lama (Female)

Coach: Mr. Shankar Karki

Events Participated and Results

Ervin Shrestha

Men 100m Freestyle-Timing: 54.81	World Aquatics SW Points: 606
Men 200m Freestyle-Timing: 2:02.83	World Aquatics SW Points:572

Ajal Kaji Tamrakar

Men 50m Freestyle-Timing: 25.16	World Aquatics SW Points:574
Men 50m Butterfly-Timing: 26.49	World Aquatics SW Points:594

Duana Lama

Women 100m Breaststroke -Timing 1:17.71	World Aquatics SW Points: 562
Women 200m Freestyle -Timing: 2:13.40	World Aquatics SW Points: 595

Aarya Maharjan

Women 50m Freestyle-Timing:30.07	World Aquatics SW Points:484
Women 100m Freestyle-Timing: 1:05.43	World Aquatics SW Points:493



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World Aquatics Junior Swimming Championship, Otopeni, 2025

Date: 19th to 24th August, 2025

Venue/Location: Otopeni, Romania

Nepalese Swimming Team Participants

Athletes: 1. Ervin Shrestha (Male)
2. Prarambha Bhandari (Male)

Officials: Mrs. Geeta Siwakoti

Events Participated and Results

Ervin Shrestha

Men 50m Breaststroke -Timing: 31.99 World Aquatics SW Points:533

Men 50m Freestyle -Timing: 25.03 World Aquatics SW Points:583

Prarambha Bhandari

Men 50m Backstroke -Timing: 30.42 World Aquatics SW Points:463

Men 100m Backstroke -Timing: 1:03.50 World Aquatics SW Points:536



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11th Asian Aquatics Championship, 2025, Ahmedabad, India, 2025

Date: 28th September to 10th October, 2025

Venue/Location: Ahmedabad, India

Nepalese Swimming Team Participants

Athletes:

1. Abir Pradhan (Male)
2. Aaron bhandari (Male)
3. Ashim Bhandari (Male)
4. Kalkin Shrestha (Male)
5. Alvin Maharjan (Male)
6. Aviv Pradhan (Male)
7. Revanta Bahadur Shrestha (Male)
8. Jaden shrestha (Male)
9. Nirnay thapa (Male)
10. Atharva Singh (Male)
11. Bashistha Raj Shahi (Male)
12. Aarya Maharjan (Female)
13. Tisha Maharjan (Female)
14. Adipsha Vaidya (Female)
15. Shrenu Maharjan (Female)
16. Vainavi Shrestha (Female)

Officials:

1. Deepak Sagar Singh Maharjan (Team Leader/Manager)
2. Shankar Karki (Coach)
3. Nabina Shrestha (Support Staff)
4. Suman Maharjan (Support Staff)
5. Indrajit Rajbhandari (Support Staff)
6. Bishnu Khadka Cheetri (Technical Official)
7. Anish Maharjan (Technical Official)



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1. Overview

Team Nepal successfully participated in the **11th Asian Aquatics Championship**, held in **Ahmedabad, India**, from **28th September to 1st October 2025**. This championship was conducted as an **open competition**, with no age-group categories, allowing our swimmers to compete against elite athletes from across Asia.

The event served as an excellent platform for **international exposure**, **performance benchmarking**, and **experience building** at a highly competitive level. Despite facing some logistical and preparedness challenges, Team Nepal's overall participation was marked by determination, progress, and notable achievements.

2. Team Composition

Category	Number	Details
Swimmers	16	11 Boys, 5 Girls
Officials	5	—
Total	21 Members	—

3. Swimmers and Events

Boys

1. **Aaron Bhandari** – 400 IM, 200 Fly, 400 Medley Mixed Relay
2. **Abir Pradhan** – 200 BK, 100 BK, 400 FR Mixed Relay
3. **Alvin Maharjan** – 50 FR, 100 FR, 50 Fly, 400 FR Relay, 400 Medley Relay
4. **Ashim Bhandari** – 50 Fly, 200 Fly, 400 Medley Relay
5. **Atharva Singh** – 200 FR, 200 BR, 1500 FR, 400 IM, 400 FR, 800 FR, 400 Medley Mixed Relay
6. **Aviv Pradhan** – 100 Fly, 200 IM, 400 FR Relay
7. **Bashistha Raj Shahi** – 50 BR, 100 FR, 400 FR Mixed Relay
8. **Jaden Shrestha** – 200 BR, 50 BK, 200 BK, 100 BR, 400 FR Relay (*Withdrew: 200 IM*)
9. **Kalkin Shrestha** – 200 FR, 1500 FR, 400 FR, 800 FR, 400 Medley Relay



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10. **Nirnay Thapa** – 50 BK, 100 BK, 400 Medley Relay (*Withdrew: 100 Fly*)

11. **Revanta B. Shrestha** – 50 FR, 50 BR, 100 BR, 400 FR Relay

Girls

1. **Aarya Maharjan** – 200 FR, 50 BK, 50 FR, 100 FR, 100 BK, 400 Medley Relay, 400 FR Mixed Relay, 400 Medley Mixed Relay
2. **Adipsha Vaidya** – 200 BR, 50 BR, 100 BR, 400 FR Relay, 400 Medley Relay, 400 Medley Mixed Relay
3. **Shrenu Maharjan** – 200 FR, 100 FR, 100 BR, 50 Fly, 400 FR Relay, 400 Medley Relay
4. **Tisha Maharjan** – 50 BK, 50 FR, 50 Fly, 400 FR Relay, 400 Medley Relay
5. **Vainavi Shrestha** – 200 BR, 50 BR, 100 BK, 400 FR Relay, 400 FR Mixed Relay

4. Performance Highlights

New National Recorded in 4 Events

Event	Previous Record	New Record holder & Time	Athlete(s)
1500m Freestyle	18:45.62 (Sirish Gurung, 7th National Games)	Atharva Singh – 17:43.57 Kalkin Shrestha – 18:11.11	Atharva Singh, Kalkin Shrestha
800m Freestyle	10:00.85 (Sirish Gurung, 3rd NSA Cup)	Kalkin Shrestha – 9:12.62 Atharva Singh – 9:16.91	Kalkin Shrestha, Atharva Singh
400m Individual Medley	5:04.70 (Sirish Gurung, Speedo Thailand Age Group)	Atharva Singh – 4:58.34	Atharva Singh
400m Freestyle Relay	3:48.57 (Tenzin Namdol Ryan Gurung, Subigya Man Tuladhar, Ervin Shrestha, Seren Singh)	Aviv Pradhan, Jaden Shrestha, Revanta B. Shrestha, Alvin Maharjan – 3:47.73	Team Relay
400m Mixed Medley Relay	New Record Setup	Aarya Maharjan, Adipsha Vaidya, Aaron Bhandari, Atharva Singh – 4:48.93	Team Relay

Final Round Qualification



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- **400m Freestyle Mixed Relay** – Participated in finals
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5. Challenges

- Banking Payment Process for Various Expenses to another country was completed with great effort.
 - Coordination and pre-travel readiness demanded significant effort from officials to ensure smooth management of logistics, communication, and team discipline.
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6. Observations

- The championship offered **crucial exposure** to a highly competitive international environment.
 - Several swimmers demonstrated **remarkable improvement**, breaking **long-standing national records**.
 - Continued emphasis on **discipline and preparedness** is necessary to maximize future competitive performance.
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7. Conclusion

Participation in the **11th Asian Aquatics Championship 2025** proved to be a **valuable learning experience** for Team Nepal. The athletes exhibited commendable dedication and progress, underscored by the achievement of **Five New National Records** and qualification in **Final Rounds**.

This championship has strengthened the foundation for Nepal's swimmers to excel in future **Regional, Continental and International competitions**, while also highlighting key areas for further development in training consistency and team coordination.

Key Accompanying Officials

Deepak Sagar Singh Maharjan- *Team Manager, Team Nepal Delegation*
11th Asian Aquatics Championship, Ahmedabad, India, 2025

Shankar Karki- *Team Coach, Team Nepal Delegation*
11th Asian Aquatics Championship, Ahmedabad, India, 2025



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3rd Youth Asian Games, Bahrain, 2025

Date: 26th to 31st October, 2025

Venue/Location: Bahrain

Nepalese Swimming Team Participants

Athletes: 1. Atharva Singh (Male)
 2. Aarya Maharjan (Female)

Coach: Mrs. Nayana Shakya

Events Participated and Results

Atharva Singh

Men 400m Freestyle-Timing: 04:34.10

Aarya Maharjan

Women 50m Freestyle-Timing: 30.01



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12th NSA Cup Swimming Championship, 2024

Date: 29th to 30th September, 2024

Venue/Location: Satdobato, Lalitpur

Order of Events

DAY 1- 29th September, 2024

SN	EVENT NAME
1	400M FREESTYLE WOMEN OPEN
2	50M BREASTSTROKE BOYS UNDER 8
3	50M BREASTSTROKE GIRLS UNDER 8
4	50M BREASTSTROKE BOYS 9-10 YRS
5	50M BREASTSTROKE GIRLS 9-10 YRS
6	200M BACKSTROKE MEN OPEN
7	200M BACKSTROKE WOMEN OPEN
8	50M BREASTSTROKE BOYS 11-12 YRS
9	50M BREASTSTROKE GIRLS 11-12 YRS
10	200M INDIVIDUAL MEDLEY MEN OPEN
11	50M BREASTSTROKE BOYS 13-14 YRS
12	50M BREASTSTROKE GIRLS 13-14 YRS
13	200M BUTTERFLY MEN OPEN
14	200M BUTTERFLY WOMEN OPEN
15	50M BUTTERFLY BOYS UNDER 8
16	50M BUTTERFLY GIRLS UNDER 8
17	50M FREESTYLE BOYS 15-17 YRS
18	50M FREESTYLE GIRLS 15-17 YRS
19	50M BUTTERFLY BOYS 9-10 YRS
20	50M BUTTERFLY GIRLS 9-10 YRS
21	100M BREASTSTROKE MEN OPEN
22	100M BREASTSTROKE WOMEN OPEN
23	50M BUTTERFLY BOYS 11-12 YRS
24	50M BUTTERFLY GIRLS 11-12 YRS
25	50M BACKSTROKE MEN OPEN
26	50M BACKSTROKE WOMEN OPEN
27	50M FREESTYLE BOYS 13-14 YRS
28	50M FREESTYLE GIRLS 13-14 YRS
29	100M FREESTYLE MEN OPEN
30	100M FREESTYLE WOMEN OPEN
31	50M BACKSTROKE BOYS 15-17 YRS
32	50M BACKSTROKE GIRLS 15-17 YRS
33	50M BUTTERFLY MEN OPEN
34	50M BUTTERFLY WOMEN OPEN

DAY 2- 30th September, 2024

SN	EVENT NAME
36	400M FREESTYLE MEN OPEN
37	50M BACKSTROKE GIRLS UNDER 8
38	50M BACKSTROKE BOYS UNDER 8
39	50M BACKSTROKE GIRLS 9-10 YRS
40	50M BACKSTROKE BOYS 9-10 YRS
41	200M BREASTSTROKE WOMEN OPEN
42	200M BREASTSTROKE MEN OPEN
43	50M BACKSTROKE GIRLS 11-12 YRS
44	50M BACKSTROKE BOYS 11-12 YRS
45	200M INDIVIDUAL MEDLEY WOMEN OPEN
46	50M BACKSTROKE GIRLS 13-14 YRS
47	50M BACKSTROKE BOYS 13-14 YRS
48	200M FREESTYLE WOMEN OPEN
49	200M FREESTYLE MEN OPEN
50	50M FREESTYLE GIRLS UNDER 8
51	50M FREESTYLE BOYS UNDER 8
52	50M BUTTERFLY GIRLS 15-17 YRS
53	50M BUTTERFLY BOYS 15-17 YRS
54	50M FREESTYLE GIRLS UNDER 8
55	50M FREESTYLE BOYS UNDER 8
56	100M BACKSTROKE WOMEN OPEN
57	100M BACKSTROKE MEN OPEN
58	50M FREESTYLE GIRLS 11-12 YRS
59	50M FREESTYLE BOYS 11-12 YRS
60	50M BREASTSTROKE WOMEN OPEN
61	50M BREASTSTROKE MEN OPEN
62	50M BUTTERFLY GIRLS 13-14 YRS
63	50M BUTTERFLY BOYS 13-14 YRS
64	100M BUTTERFLY WOMEN OPEN
65	100M BUTTERFLY MEN OPEN
66	50M BREASTSTROKE GIRLS 15-17 YRS
67	50M BREASTSTROKE BOYS 15-17 YRS
68	50M FREESTYLE WOMEN OPEN
69	50M FREESTYLE MEN OPEN



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35	50M FREESTYLE MIXED MASTERS 40+
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70	50M FREESTYLE MIXED MASTERS 50+
71	200M FREESTYLE RELAY -AGE Category -MIXED

PRIZES, POINTS:

- Gold, Silver and Bronze medals, will be awarded to the swimmers coming First, Second and Third in each race respectively and Trophies for the Winning Team, 1st Runner-Up and 2nd Runner-Up.
- Cash Prize Awarded for player who beats the Existing National Record.
- Team Points for Individual Events: First- 5 points, Second- 3 point, Third- 2 point and Fourth-1 point.
- Team Points for Relay Events: First- 10 points, Second- 6 point, Third- 4 point and Fourth- 2 point.
- Best Player Awarded to Open and each Age Category.

Place Team Points

- 1 Nisarga Batika School Nisarga Batika School -184
- 2 Nepal Police Club Nepal Police Club -135
- 3 Maa Baglamukhi Ccl Maa Baglamukhi Ccl -128
- 4 Nepal Apf Club Nepal Apf Club- 73
- 5 Tribhuvan Army Club Tribhuvan Army Club- 28
- 5 Xavier Intl School Xavier Intl School- 28
- 7 Mills Berry School Mills Berry School -24
- 8 New Millennium New Millennium -23
- 9 Nepal Nepal -21
- 10 The British School The British School -20
- 11 Samriddhi School Samriddhi School- 13
- 12 Ullens School Ullens School- 12
- 13 Brihaspati Vidyasadan School Brihaspati Vidyasadan School- 8
- 14 Lalitpur Lalitpur -7
- 14 Sanskriti International Sanskriti International -7
- 16 Preimier Intl School Preimier Intl School -5
- 16 Gyanodaya Bal Batika Gyanodaya Bal Batika -5
- 18 South Korea South Korea -3
- 19 St Marys School St Marys School -2
- 19 Lincoln School Lincoln School -2
- 19 Kasthamandav Vidyalaya Kasthamandav Vidyalaya -2
- 19 Bagmati Province Bagmati Province- 2



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2nd Nepal Aquatics L.C. Championship, 2025

7th - 8th June, 2025

Satdobato, Lalitpur

Order of Events

DAY 1- 7th June, 2025

SN	EVENT NAME
1	200M INDIVIDUAL MEDLEY WOMEN OPEN
2	200M FREESTYLE MEN OPEN
3	50M BUTTERFLY GIRLS 10 & Under
4	50M BUTTERFLY BOYS 10 & Under
5	50M BACKSTROKE GIRLS 11-12 Yrs
6	50M BACKSTROKE BOYS 11-12 Yrs
7	100M BUTTERFLY WOMEN OPEN
8	100M BUTTERFLY MEN OPEN
9	50M BREASTSTROKE GIRLS 13-14 Yrs
10	50M BREASTSTROKE BOYS 13-14 Yrs
11	50M FREESTYLE GIRLS 15-17 Yrs
12	50M FREESTYLE BOYS 15-17 Yrs
13	50M BREASTSTROKE WOMEN OPEN
14	50M BREASTSTROKE MEN OPEN
15	50M FREESTYLE GIRLS 10 & Under
16	50M FREESTYLE BOYS 10 & Under
17	50M BUTTERFLY GIRLS 11-12 Yrs
18	50M BUTTERFLY BOYS 11-12 Yrs
19	100M FREESTYLE WOMEN OPEN
20	100M FREESTYLE MEN OPEN
21	50M BACKSTROKE GIRLS 13-14 Yrs
22	50M BACKSTROKE BOYS 13-14 Yrs
23	50M BUTTERFLY GIRLS 15-17 Yrs
24	50M BUTTERFLY BOYS 15-17 Yrs
25	50M BACKSTROKE WOMEN OPEN
26	50M BACKSTROKE MEN OPEN

DAY 2- 8th June, 2025

SN	EVENT NAME
27	200M INDIVIDUAL MEDLEY MEN OPEN
28	200M FREESTYLE WOMEN OPEN
29	50M BREASTSTROKE BOYS 10 & Under
30	50M BREASTSTROKE GIRLS 10 & Under
31	50M FREESTYLE BOYS 11-12 Yrs
32	50M FREESTYLE GIRLS 11-12 Yrs
33	100M BREASTSTROKE MEN OPEN
34	100M BREASTSTROKE WOMEN OPEN
35	50M FREESTYLE BOYS 13-14 Yrs
36	50M FREESTYLE GIRLS 13-14 Yrs
37	50M BREASTSTROKE BOYS 15-17 Yrs
38	50M BREASTSTROKE GIRLS 15-17 Yrs
39	50M BUTTERFLY MEN OPEN
40	50M BUTTERFLY WOMEN OPEN
41	50M BACKSTROKE BOYS 10 & Under
42	50M BACKSTROKE GIRLS 10 & Under
43	50M BREASTSTROKE BOYS 11-12 Yrs
44	50M BREASTSTROKE GIRLS 11-12 Yrs
45	100M BACKSTROKE MEN OPEN
46	100M BACKSTROKE WOMEN OPEN
47	50M BUTTERFLY BOYS 13-14 Yrs
48	50M BUTTERFLY GIRLS 13-14 Yrs
49	50M BACKSTROKE BOYS 15-17 Yrs
50	50M BACKSTROKE GIRLS 15-17 Yrs
51	50M FREESTYLE MEN OPEN
52	50M FREESTYLE WOMEN OPEN
53	50Mx4 FREESTYLE MIXED RELAY AGE CAT ONLY



Nepal Swimming Association

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PRIZES, POINTS: As per World Aquatics Swimming Competition Rules

12.1.1.3.1 Team Trophy World Aquatics

Team Trophy for the top-scoring team based on the following points: Individual using 8 lanes:
Places 1 – 16: 18, 16, 15, 14, 13, 12, 11, 10, 8, 7, 6, 5, 4, 3, 2, 1 points

Relays using 8 lanes: Places 1 – 8: 36, 32, 30, 28, 26, 24, 22, 20 points.

If there is a tie, the NSA Points Table shall be used, and a decision made by the NSA

Rank	Name	Gender	Age	Event	Round	Time	Points
1	Lama, Duana	F	18	Women 100 LC Meter Freestyle	P	1:02.96	554
2	Maharjan, Aarya	F	14	Women 50 LC Meter Freestyle	P	29.73	500
3	Joshi, Devanshi	F	11	Women 100 LC Meter Freestyle	P	1:05.16	499
4	Vaidya, Adipsha	F	20	Women 100 LC Meter Breaststroke	F	1:21.33	490
5	Maharjan, Tisha	F	16	Women 50 LC Meter Freestyle	P	30.18	478
6	Neupane, Rosha	F	17	Women 50 LC Meter Freestyle	F	30.33	471
7	Joshi, Aadhyashree	F	11	Women 50 LC Meter Breaststroke	F	37.59	466
8	Maharjan, Shrenu	F	15	Girls 15-17 50 LC Meter Freestyle	F	31.00	441
9	Baidya, Aabha	F	12	Girls 11-12 50 LC Meter Freestyle	F	31.44	423
10	Sherchan, Snigdha	F	13	Girls 13-14 50 LC Meter Freestyle	P	31.83	408

RK	Name	Age	Team	Event	Round	Time	SW Points
1	Shrestha, Ervin	17	NPC	Men 100 LC Meter Freestyle	F	54.47	618
2	Tamrakar, Ajal Kaji	16	APF	Men 50 LC Meter Freestyle	F	24.76	602
3	Subba, Anubhav	23	NPC	Men 50 LC Meter Butterfly	F	26.43	598
4	Maharjan, Alvin	17	SSC	Men 50 LC Meter Freestyle	P	24.88	593
5	Singh, Seren	20	SSC	Men 100 LC Meter Freestyle	F	55.39	587
6	Singh, Atharva	15	SUPA	Men 400 LC Meter Freestyle Time Tri	F	4:27.61	556
7	Bhandari, Ashim	17	NPC	Men 50 LC Meter Butterfly	F	27.15	551
8	Awale, Dipanker	20	NEP	Men 50 LC Meter Breaststroke	F	31.71	548
9	Bhandari, Prarambha	17	XAVI	Men 100 LC Meter Backstroke	F	1:03.39	539
10	Shrestha, Kalkin	14	NPC	Men 200 LC Meter Freestyle	P	2:06.45	524

Inter School Age Group Swimming Championship, 2025



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Inter School Age Group Swimming Championship, 2025

26th - 27th July, 2025, Satdobato, Lalitpur

Order of Events

DAY 1- 26th July, 2025

SN	EVENT NAME
1	200M INDIVIDUAL MEDLEY BOYS 15-17 Yrs
2	200M INDIVIDUAL MEDLEY GIRLS 13-14 Yrs
3	50M BACKSTROKE BOYS 10 & Under
4	50M BACKSTROKE GIRLS 10 & Under
5	100M BACKSTROKE BOYS 13-14 Yrs
6	100M BACKSTROKE GIRLS 13-14 Yrs
7	100M BACKSTROKE BOYS 15-17 Yrs
8	100M BACKSTROKE GIRLS 15-17 Yrs
9	50M BUTTERFLY BOYS 10 & Under
10	50M BUTTERFLY GIRLS 10 & Under
11	100M FREESTYLE BOYS 13-14 Yrs
12	100M FREESTYLE GIRLS 13-14 Yrs
13	100M FREESTYLE BOYS 15-17 Yrs
14	100M FREESTYLE GIRLS 15-17 Yrs
15	50M BUTTERFLY BOYS 11-12 Yrs
16	50M BUTTERFLY GIRLS 11-12 Yrs
17	50M BREASTSTROKE BOYS 13-14 Yrs
18	50M BREASTSTROKE GIRLS 13-14 Yrs
19	50M BREASTSTROKE BOYS 15-17 Yrs
20	50M BREASTSTROKE GIRLS 15-17 Yrs
21	50M BACKSTROKE BOYS 11-12 Yrs
22	50M BACKSTROKE GIRLS 11-12 Yrs
23	50M BUTTERFLY BOYS 13-14 Yrs
24	50M BUTTERFLY GIRLS 13-14 Yrs
25	50M BUTTERFLY BOYS 15-17 Yrs
26	50M BUTTERFLY GIRLS 15-17 Yrs

DAY 2- 27th July, 2025

SN	EVENT NAME
27	200M INDIVIDUAL MEDLEY GIRLS 15-17 Yrs
28	200M INDIVIDUAL MEDLEY BOYS 13-14 Yrs
29	50M BREASTSTROKE GIRLS 10 & Under
30	50M BREASTSTROKE BOYS 10 & Under
31	100M BUTTERFLY GIRLS 13-14 Yrs
32	100M BUTTERFLY BOYS 13-14 Yrs
33	100M BUTTERFLY GIRLS 15-17 Yrs
34	100M BUTTERFLY BOYS 15-17 Yrs
35	50M FREESTYLE GIRLS 10 & Under
36	50M FREESTYLE BOYS 10 & Under
37	100M BREASTSTROKE GIRLS 13-14 Yrs
38	100M BREASTSTROKE BOYS 13-14 Yrs
39	100M BREASTSTROKE GIRLS 15-17 Yrs
40	100M BREASTSTROKE BOYS 15-17 Yrs
41	50M FREESTYLE GIRLS 11-12 Yrs
42	50M FREESTYLE BOYS 11-12 Yrs
43	50M BACKSTROKE GIRLS 13-14 Yrs
44	50M BACKSTROKE BOYS 13-14 Yrs
45	50M BACKSTROKE GIRLS 15-17 Yrs
46	50M BACKSTROKE BOYS 15-17 Yrs
47	50M BREASTSTROKE GIRLS 11-12 Yrs
48	50M BREASTSTROKE BOYS 11-12 Yrs
49	50M FREESTYLE GIRLS 13-14 Yrs
50	50M FREESTYLE BOYS 13-14 Yrs
51	50M FREESTYLE GIRLS 15-17 Yrs
52	50M FREESTYLE BOYS 15-17 Yrs
53	50Mx4 FREESTYLE MIXED RELAY

PRIZES, POINTS: As per World Aquatics Swimming Competition Rules

12.1.1.3.1 Team Trophy World Aquatics

Team Trophy for the top-scoring team based on the following points: *Individual using 8*

lanes: Places 1 – 16: 18, 16, 15, 14, 13, 12, 11, 10, 8, 7, 6, 5, 4, 3, 2, 1 points

Relays using 8 lanes: Places 1 – 8: 36, 32, 30, 28, 26, 24, 22, 20 points.



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Place Team Points

- 1 Gems Gems -841
- 2 Nisarga Batika School Nisarga Batika School -569
- 3 Premier International IB Conti Premier International IB Conti -369
- 4 Lincoln School Lincoln School -338
- 5 St. Mary's School St. Mary's School -335
- 6 Little Angels School Little Angels School -333. 50
- 7 St. Xavier's School, Jawalakhe St. Xavier's School, Jawalakhe -297
- 8 The British School The British School -225
- 9 Xavier Int'l School Xavier Int'l School -211
- 10 Ullens Ullens -192
- 11 Mills Berry School Mills Berry School -142
- 12 New Millennium New Millennium- 133
- 13 Dav Dav -125
- 14 Omega International Secondary Omega International Secondary -110
- 15 Kavya School Kavya School- 108
- 16 Whitefield Sec. School Whitefield Sec. School -98
- 17 Swostishree Gurukul Swostishree Gurukul -95
- 18 Matribhumi School Matribhumi School- 89
- 19 Bcss Bcss -81
- 20 Rai School Rai School -75
- 21 Mount Kelly School Mount Kelly School -72
- 22 Sanskriti International Sanskriti International -67
- 23 Akshara School Akshara School -63
- 24 Ujjwal Tara School Ujjwal Tara School -60
- 25 Malpi International College Malpi International College- 43
- 26 Euro School Euro School- 40
- 26 Riviera International Academy Riviera International Academy -40
- 28 Apex Life School Apex Life School -39
- 28 Rato Bangala School Rato Bangala School 3-9
- 30 Malpi City School Malpi City School -38
- 31 Kanjirowa National HS School Kanjirowa National HS School -36
- 32 Genius IB School Genius IB School -32
- 33 Himshrinkhala Academy Himshrinkhala Academy -30
- 34 Global College OF Management Global College OF Management -25
- 34 Daffodil School Daffodil School -25



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- 36 Vidya Bani Pathshala Vidya Bani Pathshala -24
- 37 Kasthamandap Vidyalaya Kasthamandap Vidyalaya -23
- 38 Swopna Sansar School Swopna Sansar School -22
- 39 Kathamandu Meridian Kathamandu Meridian -20
- 40 Cbia Cbia -17
- 40 Meridian International School Meridian International School -17
- 42 Pathshala Nepal Foundation Pathshala Nepal Foundation -16
- 43 Xavier Academy Best Elementary Xavier Academy Best Elementary -15
- 43 Bloom Nepal School Bloom Nepal School- 15
- 43 Bouddha International School Bouddha International School -15
- 46 Milestone School Milestone School -14. 50
- 47 Gyanodaya Bal Batika Gyanodaya Bal Batika- 14
- 48 Maitri School Maitri School- 12
- 49 Arunuma Education Foundation Arunuma Education Foundation- 7
- 50 Triyog High School Triyog High School -5



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2nd Nepalgunj National Age Group Swimming Championship, 2025

31st October, 2025 to 1st November, 2025

Banke, Nepalgunj

ORDER OF EVENTS									
E.N.	DIST.	STOKE	CTG	GENDER	E.N.	DIST.	STOKE	CTG	GENDER
1	400M	FREESTYLE	OPEN	GIRLS	30	400M	FREESTYLE	OPEN	BOYS
2	50M	FREESTYLE	UNDER - 8	BOYS	31	50M	BACKSTROKE	UNDER - 8	GIRLS
3	50M	FREESTYLE	UNDER - 8	GIRLS	32	50M	BACKSTROKE	UNDER - 8	BOYS
4	50M	BUTTERFLY	UNDER - 10	BOYS	33	50M	BACKSTROKE	UNDER - 10	GIRLS
5	50M	BUTTERFLY	UNDER - 10	GIRLS	34	50M	BACKSTROKE	UNDER - 10	BOYS
6	100M	BUTTERFLY	UNDER - 17	BOYS	35	100M	BACKSTROKE	UNDER - 17	GIRLS
7	100M	BUTTERFLY	UNDER - 17	GIRLS	36	100M	BACKSTROKE	UNDER - 17	BOYS
8	100M	FREESTYLE	UNDER - 12	BOYS	37	100M	FREESTYLE	UNDER - 12	GIRLS
9	50M	BREASTSTROKE	UNDER - 8	GIRLS	38	50M	BREASTSTROKE	UNDER - 8	BOYS
10	200M	INDIVIDUAL MEDLEY	OPEN	BOYS	39	200M	INDIVIDUAL MEDLEY	OPEN	GIRLS
11	50M	BUTTERFLY	UNDER - 14	BOYS	40	50M	BACKSTROKE	UNDER - 14	GIRLS
12	50M	BUTTERFLY	UNDER - 14	GIRLS	41	50M	BACKSTROKE	UNDER - 14	BOYS
13	50M	BREASTSTROKE	UNDER - 10	BOYS	42	50M	FREESTYLE	UNDER - 10	GIRLS
14	50M	BREASTSTROKE	UNDER - 10	GIRLS	43	50M	FREESTYLE	UNDER - 10	BOYS
15	100M	BREASTSTROKE	UNDER - 17	BOYS	44	100M	FREESTYLE	UNDER - 17	BOYS
16	100M	BREASTSTROKE	UNDER - 17	GIRLS	45	100M	FREESTYLE	UNDER - 17	GIRLS
17	100M	FREESTYLE	UNDER - 14	BOYS	46	100M	FREESTYLE	UNDER - 14	GIRLS
18	50M	BUTTERFLY	UNDER - 12	BOYS	47	50M	FREESTYLE	UNDER - 12	GIRLS
19	50M	BUTTERFLY	UNDER - 12	GIRLS	48	50M	FREESTYLE	UNDER - 12	BOYS
20	50M	BUTTERFLY	UNDER - 17	BOYS	49	50M	BACKSTROKE	UNDER - 17	GIRLS
21	50M	BUTTERFLY	UNDER - 17	GIRLS	50	50M	BACKSTROKE	UNDER - 17	BOYS
22	50M	BREASTSTROKE	UNDER - 14	BOYS	51	50M	FREESTYLE	UNDER - 14	GIRLS
23	50M	BREASTSTROKE	UNDER - 14	GIRLS	52	50M	FREESTYLE	UNDER - 14	BOYS
24	50M	BREASTSTROKE	UNDER - 12	BOYS	53	50M	BACKSTROKE	UNDER - 12	GIRLS
25	50M	BREASTSTROKE	UNDER - 12	GIRLS	54	50M	BACKSTROKE	UNDER - 12	BOYS
26	50M	BREASTSTROKE	UNDER - 17	GIRLS	55	50M	FREESTYLE	UNDER - 17	GIRLS
27	50M	BREASTSTROKE	UNDER - 17	BOYS	56	50M	FREESTYLE	UNDER - 17	BOYS
28	200M	FR RLY	OPEN	GIRLS	57	200M	FR RLY	OPEN	BOYS
29	200M	MIXED MEDLEY FR LY	OPEN	2G/2B	58	200M	MIXED FR FR LY	OPEN	2G/2B



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Total Team Points and Rankings

Sn	Team Name	Points	Rank
1	Sagarmatha Swimming CLub	272	1
2	Gems	135	2
3	Sikha Academy School	52	3
4	Little Angels School	46	4
5	Adarsh madhyamik Vidhyalaya	35	6
6	Koshi Province	20	7
7	Uniglobe School	11	8
8	Spring Dell Academy	10	9
9	Rai School	9	10
10	Nepalgunj Swimming club	8	11
11	Bageshwari Academy	4	12